

## London Beach Health Club Membership Prices

All London Beach Health Club memberships include full access to our Pool & Gym facilities.

Health Club Memberships					
Membership Type	Full Price	7%	Total	Monthly	HC Joining Fee
Individual Spa (12 months)	£1,300.00	£91.00	£1,391.00	£115.92	£25
Individual Spa (6 months)	£750.00	NA			£25
Joint Spa	£2,300.00	£161.00	£2,461.00	£205.09	£50
Health Club & Golf Memberships					
Membership Type	Full Price	7%	Total	Monthly	HC Joining Fee
Individual Golf & Spa	£1,725.00	£120.75	£1,845.75	£153.82	£25
1 Spa & 1 Golf	£1,750.00	£145.84	£1,895.84	£157.99	£25
Joint Golf & Spa ** (2 Golf & 2 Spa)	£2,700.00	£225.00	£2,925.00	£243.75	£50
Golf Memberships					
Membership Type	Full Price	7%	Total	Monthly	Golf Admin Fee
Adult Golf	£600.00	£42.00	£642.00	£53.50	£25
U25 Golf	£500.00	£35.00	£535.00	£44.58	£25

\*\* This is an exclusive offer designed to encourage members to try golf. An individual golf membership is £625.00.

All new health club members pay a **£25 Joining fee**, this includes lapsed members. This is payable on joining. **All new Direct Debits require the first and last payment at time of joining.**

### Facilities

Membership includes full use of the Spa and Gym facilities, including:

- 1) Private Members only Gym
- 2) 6 x 3m Hydrotherapy Pool
- 3) 17 m Salt Pool
- 4) Unisex Steam Room and Sauna
- 5) Private lady's relaxation area including ladies only Jacuzzi, Steam Room, and Sauna
- 6) All Gym and Spa facilities can only be used by over twenty-one's

### Gym & Classes

All members must complete a medical PAR-Q (Physical Activity Readiness Questionnaire) if a members health status changes during their membership they are asked to update their medical information. **If you have a medical condition, please seek medical advice from your Doctor or Physio before joining the health club.** All new members must complete an induction before they can use the gym or classes (booked at reception). The majority of classes provided by our instructors are free and booked via the MyWellness System. Classes provided by external instructors require a small fee (£3 or £5) and are booked at reception. The Current Class Booking Structure is under review and may change.

### Opening Hours:

**Weekdays:** 6:30 AM – 21:30PM

**Weekends & Bank Holidays:** 7:00 AM – 19:00PM

If you have any other queries, please feel free to either call us on Tel 01580 767611 (Health Club Reception) or email your question to [healthclub@londonbeach.com](mailto:healthclub@londonbeach.com).