



## LONDON BEACH BEAUTY SPA



## *London Beach Beauty*

We have carefully created a selection of spa treatments to revive, relax and indulge.

Our team of dedicated, professional and friendly therapists aim to deliver the very best service every time.

Relax and be pampered while enjoying the beautiful views across the parkland golf course at London Beach Hotel, Spa and Golf Course

Call 01580 767611 to book an appointment

# Massage

## De-stress full body massage – 60 mins - £75

Deeply relaxing and personalised full body massages that will release tension, soothe aching muscles, eliminate toxins and calm your mind and body.



## De-stress full body massage with hot stones – 60 mins - £85

A luxurious, indulgent experience using warm volcanic stones to relax your muscles, reduce stress and anxiety and leave you feeling deeply restored and at peace.

## Rebalance Back, Neck and Shoulder Massage – 30 mins - £39

Specialized techniques are used to alleviate deep-seated tension and muscular stress.

## Lower Leg And Foot Massage – 30 mins - £39

Relieve Muscle tension, boost circulation and calm restlessness. Feet are cleansed with hot towels, followed by a pressure point massage using a blend of deeply relaxing essential oils.

## Lava Shell Back Massage – 30 mins - £45

A seamless massage of heat and touch using tiger clam shells from the Philippines. Drift into a blanket of warmth and experience total relaxation.



### Indian Head Massage – 40 mins - £52

Acupressure massage is used on the head, face, neck and shoulders to stimulate blood flow, unblock negative energy and improve mental clarity.

### Baby on board Massage – 60 mins - £75

Tired, achy mums to be deserve a lot of extra TLC. Nurture your changing body with this beautifully comforting treatment. Recommended from the 13<sup>th</sup> week of pregnancy.

## *Hamman Rituals*

### Salt and Oil Body Scrub – 30 mins - £38

This exceptional skin softening body exfoliation combines sea salts with essential oils to leave your skin nourished, smooth and supple.

### Body Wraps – 60 mins - £79

Purify your body or deeply replenish your skin with this personalised body wrap. Choose from naturally detoxifying algae or nourishing marine mud. Includes a soothing scalp massage to restore inner calm.

## Facials



Clarins Skin Expert Facial - 70 mins  
- £82

Our expert facial delivers immediate and lasting results. At the heart of the treatment is a 25 minute massage that lifts firms and sculpts the contours of the face. It is the ultimate pampering experience including scalp, hand and foot massage.

Clarins Ultra Relaxing Facial – 60 mins - £72

Oily, dry, dull or sensitive? Whatever your skin condition this customised treatment will rebalance and restore radiance.

Clarins Radiant Reviver Mini Facial – 40 mins - £50

Feel recharged and with a brighter, fresher complexion in a matter of minutes. Skin is cleansed and exfoliated, followed by a relaxing face, décolleté and scalp massage. The ideal skin pick me up.

## *Advanced Facials* — with selected therapists only

Microdermabrasion – 50 mins - £75

A diamond-tipped wand is passed over the face to polish away dead skin cells, whilst the vacuum suction helps to extract impurities from your pores. This treatment is ideal for anyone concerned with enlarged pores and blackheads, dull looking skin or uneven skin tone and texture. A course is recommended to achieve maximum results.

## Dermaplane – 60 mins - £75

Pain free, effective method of manual exfoliation, using a sterile surgical blade that is designed to gently remove dead skin cells, dirt, debris and “peach fuzz” hair.



After dermaplaning make up glides smoothly and flawlessly over your new rejuvenated skin. Expect to see instantly brighter, fresher and glowing skin!

## Deep Cleanse Facial With Steam – 60 mins - £60 – Coming soon!

This is our ultimate deep cleansing facial for deep-rooted congestion in the skin. After a double cleanse, steam is used to open your pores, loosen any build-up of dirt and soften blackheads ready for extraction. Followed by a rebalancing clay mask to purify, minimise shine and refine pores.



# *Eyes*



Lash Tint – 30 mins - £19

Brow Tint – 30 mins - £12

Lash And Brow Tint – 30 mins - £28

Lash Lift – 60 mins - £50

A natural, semi-permanent treatment that lifts curls and enhances the lashes includes tinting. Lasts between 6-8 weeks.

## **Brow Lamination – 60 mins - £50**

The latest beauty trick to give you thicker, fuller brows with a better arch! Tough and unruly hairs are set in place so each hair lies in the same direction giving a groomed, uniform and just combed effect.

## **Henna Brows – 35 mins - £37**

A natural dye used to tint the hair and stain the skin, giving the illusion of depth and fullness to the brow area.

Please note all of the above treatments require a skin patch test at least 24 hours before appointment.

# Hands

## Classic Manicure – 50 mins - £34

Our classic manicure is an ideal maintenance treatment for the hand and nails. Includes nail shape, cuticle tidy, hand massage and application of polish.

## Luxury Manicure – 60 mins - £39

This treatment combines the classic manicure with the luxurious added benefits of thermal mittens, helping oils and creams to penetrate deep into the skin as well as increasing circulation and relieving stiff, painful joints.

## Shape and Polish – 30 mins - £20

With this express treatment, nails are beautifully shaped and treated with a nail colour of your choice.

# Gel Nails

Long lasting, chip free polish with incredible shine.

Gel Classic Manicure £45

Gel Luxury Pedicure £60

Gel Classic Pedicure £50

Gel Removal and Tidy £20

Gel Luxury Manicure £50

Pre Treatment Gel Removal £10





## Feet

### Classic Pedicure – 50 mins - £40

To start, your feet are soaked and exfoliated in a warm purifying foot bath, hard skin removed, toe nails cut and filed, cuticles are groomed and finished with a stress relieving foot massage and application of polish.

### Luxury Pedicure – 60 mins - £55

This treatment combines the classic pedicure with the luxurious added benefits of thermal booties, helping oils and creams to penetrate deep into the skin as well as increasing circulation and relieving stiff, painful joints.

### Shape and Polish – 30 mins - £20

With this express treatment toe nails are cut, filed and treated with a nail colour of your choice.



## Waxing



Half leg wax £22

Full leg wax £32

Arms £20

Underarms £17

Back £32

Chest £32

High Bikini £27

Standard Bikini £22

Upper Lip £12

Chin £12

Lip and Chin £21

Eyebrows £15

## Flotation Therapy

30 mins - £20 (£15 when booked with another treatment)

A dry flotation spa treatment that allows you to float effortlessly without getting wet. An ideal add on to a massage or facial to really enhance their effectiveness.

Be transported to a place of total calm and serenity.

# *Tanning*



Sienna X Spray Tan – 30 mins - £31

Achieve a natural, healthy looking tan with one of the UK's most trusted tanning brand.

Sun Shower – 4 mins - £6, 6 mins - £8, 8 mins - £10

Stand up sunbed. Courses available.



# Terms & Conditions

Please note: -

Gift Vouchers are valid for 6 months from issue date. These cannot be extended and lost vouchers cannot be replaced.

All spa day packages and treatment times are subject to availability

Spa days – Full payment is required upon booking and is non-refundable.

We ask that you give 24 hours' notice if you need to cancel or amend a booking. If less than 24 hours' notice is given, the entire cost of your treatment booked will be charged.

In the event you are late for your treatment, your therapist will complete as much of the treatment as possible in the time remaining and the entire treatment charge will apply.

The spa reserves the right to alter your treatment time or treatment choice on the day if necessary.

Please arrive 10 minutes before your treatment time to complete a medical questionnaire.

Treatment age restrictions –

- To use the spa facilities over 21 only
- Face treatments over 18 only
- Body treatment over 18 only

Please make us aware on booking if you have any allergies prior to arrival to ensure we have time to tailor your treatment specifically to you.

We reserve the right to refuse or terminate a treatment without refund in the event of –

A client engaging in inappropriate behaviour or making inappropriate requests of a therapist.

A client abusing a member of staff physically, emotionally, verbally or in any other way.

# *Spa Treatments available*

Monday 10-5pm

Tuesday 10-5pm

Wednesday 10-5pm

Thursday 10-5pm

Friday 11-7pm

Saturday 10-5pm

Sunday - by appointment

Call 01580 767611 to book your appointment



[www.londonbeach.com](http://www.londonbeach.com)

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TheLondonBeach

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