LONDON BEACH COUNTRY HOTEL & SPA

Spa Days
RELAX
REJUVENATE
REFRESH
London Beach Spa offers a range of pre-made packages from a spa morning or spa day to a relaxing spa break, or we can make a custom break just for you and your friends.

Morning Experience  £85 pp
From the moment you arrive you will experience pure relaxation and rejuvenation.
Arrive 09:00 Mondays-Fridays Leave at 13:00
- Full use of the Spa Facilities
- A delicious Two-Course Lunch.
- Use of Robes & Towels - Complimentary Slippers
Choose one of the following treatments:
- Back, neck & shoulder Massage.
- Express File & Paint
- ESPA Express Facial.
Additional Treatments can be booked but please book them in advance to avoid disappointment

Afternoon Experience  £85 pp
From the moment you arrive you will experience pure relaxation and rejuvenation.
Arrive 14:00 Mondays-Fridays Leave at 18:00.
- Full use of the Spa Facilities
- Afternoon Tea.
- Use of Robes & Towels - Complimentary Slippers
Choose one of the following treatments:
- Express Facial
- Back, neck & shoulder Massage.
- Express File and Paint.
Upgrade to include a 2-Course Dinner for £15
Additional Treatments can be booked, please book in

Mothers-To-Be Experience  £135 pp
Pure indulgence, face and body treatment, & adapted to your pre or post natal stage of pregnancy.
- Use of Swimming Pool.
- Use of Hydrotherapy Pool.
- Clarins Mother-to-be/New Mum Treatment
- Plus Express File & Paint.
- A delicious Two-Course Lunch.
- Use of Robes & Towels - Complimentary Slippers

Tel: 01580 767611 to book
You know the benefits of taking care of yourself. You appreciate the attention to detail, and immaculate service that make a spa experience truly exceptional. You belong here.

**Therapeutic Massage**
**Relaxation Massage**
**Clarins & ESPA Facials**
**Body & Facial Waxing**
**Nail Treatments**
**Body Exfoliation**
**Aromatherapy**

**SPA DAY PACKAGES**

**Spa Days between 9 am & 6 pm £100 pp**

**Let relaxation take over your mind & body.**
- Use of Swimming Pool.
- Use of Hydrotherapy Pool.
- Use of Jacuzzi.
- Use of Sauna and Steam Room.
- A delicious Two-Course Lunch.
- Use of Robes & Towels - Complimentary Slippers.

**Plus one 25 min treatment from the following list.**

**Available Treatments for your Spa Day.**
- Dry Floatation.
- Express Facial.
- Oriental Scalp Massage.
- Back, neck & shoulder Massage.
- Express Pedicure.

**Men’s Options**
- Gentle Men’s Hand & Nail Grooming.
- Skin Blitz Facial.
- Back, neck & shoulder Massage.

**Spa Energising Experience £140 pp**

**Recharge and invigorate the body and mind.**
- Full use of the Spa Facilities
- ESPA Salt & Oil Scrub.
- ESPA Aromatherapy Massage (Body, Face & Scalp).
- A delicious Two-Course Lunch.
- Use of Robes & Towels - Complimentary Slippers

**Spa Detoxifying Experience £145 pp**

**Cleansing and refreshing mind soul and body, helping to stimulate and uplift.**
- Full use of the Spa Facilities
- Detox Algae Wrap.
- ESPA Radiance facial.
- A delicious Two-Course Lunch.
- Use of Robes & Towels - Complimentary Slippers

**Our Facilities**
The Luxury Spa has a large saline hydrotherapy pool & swimming pool, steam rooms & saunas. There is also a special ladies only relaxation area with its own Jacuzzi, monsoon shower, steam room & sauna.
**Spa Experience Day  £155 pp**
- Full use of the Spa Facilities
- ESPA Holistic Aromatherapy Luxury Back, Neck, Face & Scalp Massage.
- London Beach Classic Manicure.
- A delicious Two-Course Lunch.
- Use of Robes & Towels - Complimentary Slippers

Additional Treatments can be booked.

**Pampering Spa Experience £155 pp**
A "Top to Toe" Experience for those in need of pure pampering.
- Full use of the Spa facilities Hydrotherapy pool, saline swimming pool, steam rooms and Saunas.
- Use of Robes & Towels - Complimentary Slippers
- A delicious Two-Course Lunch

The following Treatments are included:
- The new top of the range "CLARINS" Tri Active Facial (incorporating - Hands, Feet and scalp massage)
- "ESPA" Salt and Oil Scrub

**Chill Out Spa Experience  £170 pp**
The ultimate chill out spa Experience where you will melt away
- Full use of the Spa Facilities
- A delicious Two-Course Lunch
- Clarins melting honey hot stone massage
- Clarins Face and Eye Refresher
- Use of Robes & Towels - Complimentary Slippers

**Awakening Spa Experience  £175 pp**
Replenish, Revitalise and Tone with this luxurious body experience
- Full use of the Spa Facilities
- A delicious Two-Course Lunch
- Clarins Tri Active Body
- Clarins Face and Eye Refresher
- Use of Robes & Towels - Complimentary Slippers

**Calming Spa Experience  £185 pp**
Relax and unwind treating body soul and mind.
- Full use of the Spa Facilities
- ESPA Holistic Aromatherapy Total Body care with Hot Stones.
- Jessica Deluxe Pedicure.
- A delicious Two-Course Lunch.
- Use of Robes & Towels - Complimentary Slippers